

## Unfettered Grace

Ian Gould © 26 September 2022

Grasping, gaping, rasping; Breath eludes  
Tightness, clamping, squeezing: What to do?

Stopping, tasting, touching; Take a chance, dare to breathe  
Feeling, smelling, seeing; Tension eased

Slow down, gaze around, see; Look in, look out, just be  
Bigger than, broader too; All around, me and you

Breathe again, deeper now; Holding still, (this is how)  
And again, slowing down; Begin to smile, remove the frown

Taking stock, letting go; Clearing out, feel the glow  
Start to rise, burn a little; In your heart, amidst your middle

Hope is kindled, a tiny flame; Faith is pictured, it has a name  
Love ignited, oh so small; Given time, will touch us all

And so it seems, the world is altered; What has changed? My heart still falters  
It heaves, it beats, it misses too; And yet it burns with passion true

I wait and listen, silent, filled; I whisper now, "Storm, be stilled"  
And so I stand, tall, yet weak; I see now life is not so bleak

For I am loved, I'm not alone; Though now on Earth, yet fully known  
Come hope, arise. Come joy. Come life. Embrace this path, abandon strife

I'm slowed right down, breathe deep and long; "Be still my soul, you settle down"  
Stop. Look. Listen. Take time. Slow pace; Walk with full unfettered grace

## Chords used:

E6: <12>-x-11-13-0-0

Esus2/D: 10-x-9-11-0-0

Asus2/C#: 9-x-7-9-0-0

Bm7add11: 7-x-7-7-0-0

Aadd9: 5-7-7-6-0-0

G6: 3-5-5-4-0-0

Bm13: 7-x-7-6-0-0

F#madd11 = Asus2/F#: 2-x-2-2-0-0

F#m11: 2-x-2-1-0-0